











Società Italiana di Riabilitazione Psicosociale

II<sup>a</sup> Conferenza Tematica Nazionale

# Recovery from catastrophes and beyond. From traumatic events to mental health rehabilitation.

II National Conference of the Italian Society of Psychosocial Rehabilitation L'Aquila, September, 16-18, 2010
University of L'Aquila, Coppito, Italy
Medical School and School of Psychology

















## Under the aegis of

Region Abruzzo

City of L'Aquila

Italian Society of Psychiatry

World Association Psychosocial Rehabilitation, Italy

University of L'Aquila Medical School School of Psychology

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Massimo Casacchia

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Rita Roncone University of L'Aquila Department of Health Science - Neuroscience Unit Via Vetoio, Edificio Delta 6 – Coppito 67100 L'Aquila. ITALY

Telephone: +39 0862 433404 - 0862 311713

Fax 0862 312104

e-mail: rita.roncone@cc.univaq.it

Skype ID: rita\_roncone

#### **SCIENTIFIC BOARD**

Rocco Pollice, Monica Mazza, Donatella Ussorio, Alessandra Cavicchio Department of Health Science - Neuroscience Unit University of L'Aquila, Coppito - 67100 L'Aquila Telephone: +39 0862 311713

Fax +39 0862 312104

#### **UNIVERSITY RELATIONS**

Luigia Marcocci

e-mail: <u>luigia.marcocci@univaq.it</u>

#### **SECRETARIAL STAFF**

S.B.S. di Bricca Mirella - L'Aquila

mobile: 330 933330

e-mail: bricca@briccaevents.it

#### **COMPUTER PROJECT MANAGER - WEBMASTER**

Andrea Colitta e-mail: info@colitta.it

#### **VISUAL CREATIVITY, AND WEB DESIGN**

ANTARTIS Studio – L'Aquila e-mail: info@antartis.it

# SCIENTIFIC BOARD: National Board Italian Society of Psychosocial Rehabilitation

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#### November, 8-10, 1990.

"Psychosocial Rehabilitation in Psychiatry. Roles, methods, services and validations."

II National Congress of Italian Society of Psychosocial Rehabilitation (SIRP), L'Aquila, Spanish Castle.

#### September, 16-18, 2010.

Once again, twenty years after L'Aquila is the theatre of a National scientific event of the Society, in a period of serious difficulty of the town after the April, 2009 L'Aquila earthquake. The main shock occurred at 3:32 local time (1:32 UTC) on 6 April 2009, and was rated 5.8 on the Richter scale and 6.3 on the moment magnitude scale; its epicentre was near L'Aquila, the capital of Abruzzo, which together with surrounding villages suffered most damage. There have been several thousand foreshocks and aftershocks since December 2008, more than thirty of which had a Richter magnitude greater than 3.5.

The earthquake was felt throughout central Italy; 308 people are known to have died, making this the deadliest earthquake to hit Italy since the 1980 Irpinia earthquake. The earthquake caused damage to between 3,000 and 11,000 buildings in the medieval city of L'Aquila. Around 40,000 people who were made homeless by the earthquake found accommodation in tented camps and a further 10,000 were housed in hotels on the coast. Others sought shelter with friends and relatives throughout Italy.

The decision to hold the Conference in L'Aquila was deliberated before the earthquake and with a strong commitment the Society and the President decided to keep this location, in an ideal continuity between recovery from natural and man made disasters and recovery from serious mental illnesses.

William Anthony, Director of the Boston Center for Psychiatric Rehabilitation seems to have developed the cornerstone definition of mental health recovery. Anthony (1993) identifies recovery as " a deeply personal, unique process of changing one's attitudes, values, feelings, goals, skills and/or roles. It is a way of living a satisfying, hopeful, and contributing life even with limitations caused by the illness... Recovery involves the development of new meaning and purpose in one's life as one grows beyond the catastrophic effects of mental illness. Interestingly, the recovery experience is not an experience that is foreign to services personnel. Recovery transcends illness and the disability field itself. Recovery is a truly unifying human experience. Because all people (helpers included) experience the catastrophes of life (death of a loved one, divorce, the threat of severe physical illness, and disability), the challenge of recovery must be faced. Successful recovery from a catastrophe does not change the fact that the experience has occurred, that the effects are still present, and that one's life has changed forever. Successful recovery does mean that the person has changed, and that the meaning of these facts to the person has therefore changed. They are no longer the primary focus of one's life. The person moves on to other interests and activities".

Despite the fact that we are victims of the destruction of our homes and of our town, we did not move on to other interests and activities. The scientific interest of our group of L'Aquila is still what we have been working on for over 20 years - the rehabilitation from serious mental disorders, work pioneered in the academic field by **Massimo Casacchia**, past-president of the Society form 1998-2000, now Honorary member of the Board of the Society. We'll continue our work. The life gave us the opportunity to challenge our suffering and the suffering of the population of our country and we accepted this dare of recovery.

The National President of the Italian Society of Psychiatric Rehabilitation Rita Roncone

#### **PRE-CONFERENCE COURSES**

## Wednesday, September 15, 2010

#### **8-hour courses**

#### 2:00-6:00 pm

#### **Room D2.29**

1. Rational Emotive Education: Alessandra Cavicchio (L'Aquila), Anna Teresa Corradi (L'Aquila), Irene Pontarelli (L'Aquila)

#### **Room D2.30**

**2.** Social Functioning assessment using standardized instruments: Donatella Ussorio (L'Aquila), Roberta Ortenzi (L'Aquila), Maurizio Sauro (Arezzo)

#### **Room D2.31**

3. Setting goals and planning individual rehabilitation interventions: Rosaria Pioli, Adriana Cattalini (Brescia)

## Thursday, September 16, 2010

#### **Room D2.29**

1. Rational Emotive Education: Alessandra Cavicchio (L'Aquila), Anna Teresa Corradi (L'Aquila), Irene Pontarelli (L'Aquila)

#### Room D2.30

**2.** Social Functioning assessment using standardized instruments: Donatella Ussorio (L'Aquila), Roberta Ortenzi (L'Aquila), Maurizio Sauro (Arezzo)

#### **Room D2.31**

3. Setting goals and planning individual rehabilitation interventions: Rosaria Pioli, Adriana Cattalini (Brescia)

#### 4-hour courses\*

#### Aula D4.8

**4.** Intervention Methods oriented to recovery in psychiatric rehabilitation\*: Dario Lamonaca, Ileana Boggian, Silvia Merlin (Legnago, Verona)

#### Aula D4.6

5. Empowerment as mediator of recovery\*: Germana Agnetti (Milano)

## Thursday, September 16, 2010

3:00-4:00 pm

### the "Vincenzo Rivera" Great Hall / Opening Cerimony and welcome reception

Opening and welcome by representatives of University of L'Aquila and institutions

Welcome of the President of Italian Society of Psychiatry

Prof. Luigi Ferrannini

Welcome of the past-President of the World Association for Psychosocial Rehabilitation, WAPR

Prof. Angelo Barbato

4:00-6:30 pm

the "Vincenzo Rivera" Great Hall / Plenary Session

The recovery from serious traumas and mental illness I

Chairmen: Luigi Ferrannini, Rita Roncone

The witness: how to survive for life Giustino Parisse, journalist L'Aquila

Surviving individual and collective catastrophes

Massimo Casacchia (L'Aquila)

The recovery from serious traumas: what does it mean and what the evidences says

Angelo Barbato (WAPR)

## The recovery from serious traumas and mental illness II

Chairmen: Massimo Casacchia, Ferdinando Pariante

The "Recovery" project in Italian mental health services

Dario Lamonaca, Ileana Boggian (Legnago), Alessandro Svettini (Bolzano), Marta Ghisi (Padova)

"Recovery" as goal of psychiatric treatment: myth or reality?

Bernardo Carpiniello (Cagliari)

The role and the action of the family and family associations in the pathway to recovery and in the assertion of the right of recovery

Gisella Trincas (UNASAM)

Discussion

6:30-7:00 pm

## the "Vincenzo Rivera" Great Hall / Lectio Magistralis

Chairman: Mariano Bassi

Treatments, human rights, and citizenship

Lorenzo Burti (Verona)

8:00 pm

Video projection: the Psychosocial Rehabilitation 20 years ago in L'Aquila... and welcome happy hour!

## Friday, September 17, 2010

9:00-11:00 am

the "Vincenzo Rivera" Great Hall / Plenary Session

Beyond catastrophe. Real world: integrated treatments in psychosocial rehabilitation and outcomes assessment

Chairmen: Bernardo Carpiniello, Ferdinando De Marco

Integration of cognitive rehabilitation interventions and psychosocial rehabilitation in real world: evidences and experiences

Antonio Vita (Milano)

Social skill training and neurocognitive individualized training in schizophrenia: an effective integration Giuseppe Piegari, Silvana Galderisi (Napoli)

Cognitive training for divergent thinking in schizophrenia

Masafumi Mizuno (Tokio, Giappone)

Vocational treatment and EBM: the Individual Placement and Support (IPS) model

Riccardo Sabatelli, Andrea Parma (Rimini)

From family treatments to social cognition and psychotic onset: does rehabilitation research influence the clinical routine practices?

Rita Roncone, Rocco Pollice, Monica Mazza, Donatella Ussorio, Alessandra Cavicchio, Massimo Casacchia (L'Aquila)

Evaluation of appropriateness and effectiveness in the practice of mental health services

Antonio Lora (Milano), Giuseppe Tibaldi (Torino)

Discussion

11:15 - 12:00 am

the "Vincenzo Rivera" Great Hall / Plenary Session

Chairman: Antonello Bellomo (Foggia)

Interventions to treat PTSD following man made and natural disasters

Stefan Priebe (Londra, UK)

#### **SYMPOSIUMS**

12:00 am- 1:30 pm

A.1 Workshop: Urgency and emergency psychiatric care (Program of psychosocial and mental health support for earthquake emergency, SPES 2009)

Room: the "Vincenzo Rivera" Great Hall. Chairmen: Massimo Casacchia, Massimo Di Giannantonio

A.2 Symposium SIRP Campania- Puglia: Promoting recovery through intervention of health and social integration. Policy of placement of people with mental disorders Room: D2.29. Chairmen: Giulio Corrivetti, Giuseppe Saccotelli

A.2 Symposium: SIRP Triveneto: Recovery and mental health

Room: D2.30. Chairmen: Dario Lamonaca, Luigi Basso

- A.4 Symposium: SIRP Latium: Social and individual traumas in the new urban realities
  Room: D4.2. Chairmen: Josè Mannu, Daniele Sadun
- A.5 Symposium: SIRP Sicily: Innovative experiences and new intervention paradigms in psychosocial rehabilitation

Room: D4.4. Chairmen: Daniele La Barbera, Arcangelo Giammusso

#### 2:30 - 4:00 pm

B.1 Symposium; SIRP Tuscany: Psychosocial rehabilitation is the treatment: experience in Tuscany.

Room: the "Vincenzo Rivera" Great Hall. Chairman: Corrado Rossi

- B.2 Symposium: SIRP Piedmont: Psychiatric Rehabilitation: Cinderella or Princess? Room: D4.2. Chairmen: Giorgio D'Allio, Antonella Mombello
- B.3 Symposium: SIRP Liguria: Rehabilitation experiences in the community Room: D4.4. Chairmen: Valeria Zirulia, Pasquale Pisseri
- B.4 Symposium: Young Psychiatrists: Psychiatric Rehabilitation nowadays: new competences for young psychiatrists

  Room: D2.29. Chairmen: Angelo Fiorillo, Silvia Ferrari
- B.5 Workshop: Protective factors, interventions, projects and lessons by the April, 6th, 2009 earthquake (Program of psychosocial and mental health support for earthquake

Room: D2.30. Chairmen: Massimo Casacchia, Massimo Di Giannantonio

#### 4:00 - 5.30 pm

emergency, SPES 2009)

C.1 Symposium: Self-help groups and recovery

Room: the "Vincenzo Rivera" Great Hall. Chairmen: Giulio Corrivetti, Giuseppe Saccotelli

C.2 Symposium: Rehabilitation interventions and projects by the Technicians of Psychiatric Rehabilitation. Italian College of Psychiatric and Psychosocial Rehabilitation Technicians

Room: D2.29. Chairmen: Donatella Ussorio, Alessandra Cavicchio

C.3 Symposium: Abruzzo-Molise: Self-help groups and recovery Room: D2.30. Chairmen: Massimo Casacchia, Sergio Tartaglione

- C.4 Symposium: Marche: Trip towards the achievement of the right of citizenship Room: D4.2. Chairmen: Emilia Alfonsi, Massimo Mari
- C.5 Symposium: The academic training and the psychosocial rehabilitation professions Room: D4.4. Chairmen: Rita Roncone, Luigi Frati

5:30 - 6.00 pm - coffee break

6:00 - 7:30 pm

the "Vincenzo Rivera" Great Hall / Plenary Session

New challenges in integrated treatments in psychosocial rehabilitation

Chairmen: Antonio Vita, Giuseppe Saccotelli

The challenge to implement evidence-based treatments for psychotic onset in Italian mental health services Mirella Ruggeri (Verona)

Outcome and early rehabiliation approach: the experience of Programme 2000 Anna Meneghelli, Angelo Cocchi, Giovanni Patelli, Federico Galvan (Milano)

**SMILE**: a service for prevention, monitoring and early intervention in psychiatry *Rocco Pollice, Massimo Casacchia (L'Aquila) e gruppo SMILE* 

Inpatient cognitive-behavioral treatment Franco Veltro (Campobasso)

Therapeutic community treatment for psychiatric patients with substance abuse Massimo Clerici (Milano)

Discussion

7:30 pm

the "Vincenzo Rivera" Great Hall

Annual meeting of the Italian Society of Psychosocial Rehabilitation

8:30 pm

**Social Dinner** 

## Saturday, September 2010

9:00-10:00 am

the "Vincenzo Rivera" Great Hall/ Plenary Session

Catastrophes and traumatic collective and individual events

Chairmen: Eugenio Aguglia, Giulio Corrivetti

Mental Health Consequences of Earthquakes and their Effective Treatment: A Control-Focused Behavioral Treatment Approach

Ebru Salcioglu (Istanbul, Turchia - London, UK)

#### Disasters and mental health: critical analysis and perspectives

Francesco Catapano, Corrado De Rosa (Napoli)

Modifications of regional cerebral functionality in survivors of L'Aquila, April 6<sup>th</sup>, 2009 earthquake affected by Post-Traumatic Stress Disorders

Monica Mazza, Alessia Catalucci, Rocco Pollice, Massimo Gallucci, Rita Roncone, Massimo Casacchia (L'Aquila)

#### 10:15-10:45 am

#### the "Vincenzo Rivera" Great Hall / Lectio Magistralis

Chairman: Rita Roncone

The trauma of psychosis: post-traumatic stress disorder and recent onset psychosis

Kim Mueser (Hanover, USA)

#### 11:15-11:45 am

the "Vincenzo Rivera" Great Hall

## Award of the prize "Pierluigi Morosini"

Presentation: Massimo Casacchia, Rita Roncone, Mario Nicotera

Selection of the 3 best posters on rehabilitation interventions outcome assessment

Award presentation: Dr.ssa Edoardina Galbiati Morosini, Dott.ssa Maria Candida Morosini

#### 11:45 am - 1:45 pm

### the "Vincenzo Rivera" Great Hall / Plenary Session

## Catastrophes and individual and collective traumatic events

Chairmen: Giancarlo Nivoli, Josè Mannu

#### Security behaviours in psychotic disorders and in trauma outcome: which relationship?

Bruno Gentile, Alessandro De Risi, Nilla Verzolatto, Giovanna Di Guida (Portogruaro)

#### Victimology and psychopathology

Liliana Lorettu (Sassari)

#### Persons affected by mental disorders are more frequently victims than authors of violence

Diana De Ronchi (Bologna)

#### From Judicial Psychiatric Hospital to community: pathways to social inclusion

Franco Scarpa (Montelupo Fiorentino)

## Integrated rehabilitation interventions on subjects involved in traumatic community events: the first aid psychological model

Ernesto Caffo (Modena)

#### Prevention and interventions on women victims of violence

Carla Martino (Torino)

#### 1:45 -2:00 pm

## the "Vincenzo Rivera" Great Hall / Plenary Session

#### **Conference Closing**

"The psychosocial rehabilitation in Italy... 20 years after .... "
Rita Roncone, Massimo Casacchia

## Speakers, Moderators and Pre-conference courser teachers

Agnetti Germana, Psychiatrist, Co-director Specialization School in Psychotherapy IRIS, Milano

**Aguglia Eugenio,** Full Professor of Psychiatry, Director of the Psychiatry Chair, President of the Degree Course in Technique of Psychiatric Rehabilitation, University of Catania

**Alfonsi Emilia,** Regional Secretary SIRP Marche, Psychiatrist Mental Health Department, National Health Service (NHS) trust 7 Ancona, Responsible Project "Network for relief" Osimo

Allegrini Fabio, National Health Service (NHS) trust Avezzano-Sulmona, L'Aquila, Unit of Pharmacology L'Aquila

Aragona Massimiliano, Psychiatrist, National Health Service (NHS) trust Roma D

Arnone Fulvio, Center for Eating Disorders, "Casa di Cura Villa Maria Luigia spa", Monticelli Terme (Parma)

Audino Domenico, Mental Health Department, National Health Service (NHS) trust Barletta-Andria-Trani

**Auditore Roberta,** Psychiatrist, Psychotherapist, Health Director of the Therapeutic Community "Villa Chiara" S. Giovanni La Punta (Catania)

Barbato Angelo, Past-President World Association for Psychosocial Rehabilitation

Bardicchia Francesco, Psychiatrist, Grosseto

**Bassi Mariano**, Director Unit of Psychiatry, Mental Health Department, National Health Service (NHS) trust Niguarda Ca' Granda, Milano

Basso Luigi, Member of the Scientific National Board SIRP, Center for Psychiatric Rehabilitation "Grieserhof", Bolzano

**Bellomo Antonello,** Member of the Scientific National Board SIRP, President Italian Society of Social Psychiatry, Associate Professor of Psychiatry, Director of the Mental Health Department, National Health Service (NHS) trust FG3-University of Foggia

Bernabei Laura, Psychiatric Rehabilitation Technician, Roma

Bianchini Valeria, Course of Specialization in Psychiatry, University of L'Aquila

Boggian Ileana, Psychologist, Mental Health Center,-Day-Center "Il Tulipano", National Health Service (NHS) trust 21 Legnago, VR

Bontempo Giuseppe, Psychologist, President of Register of Psychologist Region Abruzzo

**Burti Lorenzo**, Honorary President SIRP, Full Professor of Psychiatry, Department of Psychiatry and Clinical Psychology, University of Verona

Caffo Ernesto, Full Professor of Child Neuropsychiatry, University Modena & Reggio Emilia, President and Founder SOS II Telefono Azzurro Onlus

Cantoresi Paolo, Psychologist, Responsible Day-Center "La luna azzurra" Pontedera (Pisa), Mental Health Department, National Health Service (NHS) trust n. 5 Pisa

Carano Alessandro, Psychiatrist, Mental Health Department Ascoli Piceno

Cardamone Giuseppe, Psychiatrist, Mental Health Department Grosseto

Carlesi Nicola, Director Mental Health Department Vasto-Lanciano

Carnevale Livia, Responsible Nursing Center, National Health Service (NHS) trust Vercelli

Carpiniello Bernardo, Honorary Member of the Scientific National Board SIRP, Full Professor of Psychiatry, Director School of Specialization in Psychiatry, University of Cagliari

**Casacchia Massimo,** Honorary Member of the Scientific National Board SIRP, Full Professor of Psychiatry, Director of the University General Hospital Psychiatric Unit, National Health Service (NHS) trust 1 Avezzano-Sulmona-L'Aquila, Director School of Specialization in Psychiatry, University of L'Aquila

Catalucci Alessia, Neuroradiologist, S. Salvatore Hospital L'Aquila

**Catapano Francesco,** Member of the Scientific National Board SIRP, Full Professor of Psychiatry, Department of Psychiatry, University of Napoli SUN

Cattalini Adriana, Health Professional Educator, Coordinator Psychiatry Rehabilitation Community "Bonardi", Fatebenefratelli Hospitalization and Care Scientific Institute, Brescia

Cavalli Enrico, Psychiatric Rehabilitation Technician, Milano

Cavicchio Alessandra, Psychiatric Rehabilitation Technician, University Degree in Science of Health Rehabilitation Professions, University of L'Aquila

Chierici Maria Laura, Center for Eating Disorders, "Casa di Cura Villa Maria Luigia spa", Monticelli Terme (Parma)

**Clerici Massimo**, Regional Secretary Lombardia SIRP, Associate Professor of Psychiatry, University Bicocca Milano, Psychiatrist National Health Service (NHS) trust S. Gerardo, Monza

Cocchi Angelo, Psychiatrist, Scientific Director Center for Early Identification and Intervention in Psychosis, Program 2000, Milano

Cocciante Simone, Psychologist, Psychosocial Center of the Roma Solidarity Cooperative, Caritas Roma

Colatei Marta, Course of Specialization in Psychiatry, University of L'Aquila

Colombo Raffaella, Psychiatrist, National Health Service (NHS) trust Legnano

**Corradi Annateresa**, Psychiatric Rehabilitation Technician, final-year university student in Science of Health Rehabilitation Professions, University of L'Aquila

Corrivetti Giulio, General Secretary SIRP & Regional Secretary SIRP Campania, Director Psychiatric Unit "D", National Health Service (NHS) trust Salerno

d'Allio Giorgio: Regional Secretary SIRP Piemonte & Valle d'Aosta, Director Center for Psychiatric Rehabilitation, National Health Service (NHS) trust Alessandria

De Berardis Domenico, Psychiatrist, Mental Health Department of Teramo

De Bernardis Elena, Center for Eating Disorders, "Casa di Cura Villa Maria Luigia spa", Monticelli Terme (Parma)

**De Donatis Tiziana**, Member of the Scientific National Board SIRP, Mental Health Department, National Health Service (NHS) trust Lecce

De Giorgi Serafino, Director Mental Health Department, National Health Service (NHS) trust Lecce

De Lauretis Ida, Course of Specialization in Psychiatry, University of L'Aquila

**De Marco Ferdinando**, Honorary Member of the Scientific National Board SIRP, Director Mental Health Department Az. ULSS Fr/3, Frosinone, President Italian Society for Financial and Health Policies and Management in Psychiatry

**De Risio Alessandro,** Psychiatrist, Mental Health Department of Portogruaro

**De Ronchi Diana**, President Degree Course in Health Professional Educator, National Board of Conference of Medical Professional University Degree Courses, Full Professor of Psychiatry, University of Bologna

De Rosa Corrado, Department of Psychiatry, University of Napoli SUN

Defendi Stefano, Sociologist, mental health professional, Project "Network for relief" Osimo

Del Vecchio Valeria, Department of Psychiatry, University of Napoli SUN

Di Fonzo Enrico, Director Mental Health Department of Pescara

**Di Giannantonio Massimo,** Full Professor of Psychiatry, University "G. D'Annunzio", Chieti, Director Mental Health Center Chieti, Treasurer Italian Society of Psychiatry

Di Guida Giovanna, Psychologist, Mental Health Department Portogruaro

Di Michele Vittorio, Psychiatrist, Mental Health Department Pescara

**Di Munzio Walter**, Director Psychiatric Unit 3 Nocera Inferiore (Salerno) and Coordinator Psychiatric Unit, Mental Health Department, National Health Service (NHS) trust Salerno

Di Noia Antonella, Mental Health Department, National Health Service (NHS) trust, Barletta-Andria-Trani

Donelli Sara, Department of Integrated Specialized Head-Neck Surgery, University of Modena & Reggio Emilia

Doveri Paolo, Nurse, Mental Health Department, National Health Service (NHS) trust 5 Pontedera (Pisa)

Evangelista Paolo, general practitioner L'Aquila

Faiella Fabiana, Psychiatrist, Mental Health Department Ascoli Piceno

Famulari Roberta, Psychiatric Rehabilitation Technician, Messina

Fasce Alessandro, Psychologist, Mental Health Center, National Health Service (NHS) trust 3 Genova, Director Day-Centre Castelli

Ferrannini Luigi, President of the Italian Society of Psychiatry, Director of Mental Health Department, National Health Service (NHS) trust 3 Genova

Ferrari Silvia, Researcher in Psychiatry, University of Modena and Reggio Emilia

**Fiorillo Andrea**, National Coordination Young Psychiatrists of the Italian Society of Psychiatry, Researcher in Psychiatry, Department of Psychiatry, University of Napoli SUN

Fontana Maria Patrizia, Mental Health Department, National Health Service (NHS) trust Lecce

Francomano Antonio, Psychiatrist, University of Palermo

Frati Luigi, Rector of University "La Sapienza" Roma, President of the Conference of Medical Professional University Degree Courses

Galderisi Silvana, Full Professor of Psychiatry, Department of Psychiatry, University of Napoli SUN

Gallese Angelo, Responsible Mental Health Center, Avezzano

**Gallina PierMario,** Psychiatrist, Psychiatric Day-Centers of Arona and Borgomanero, Member of the Regional Board SIRP – Section Piemonte & Valle d'Aosta

Gallucci Massimo, Full Professor of Neuroradiology, University of L'Aquila

Galvan Federico, Health Professional Educator, Program 2000, Milano

Gavazza Luca, Regional Secretary SIRP Liguria

Gentile Bruno, Vice-President SIRP, Director Mental Health Department Portogruaro

Ghisi Marta, Department of General Psychology, University of Padova

Giacco Domenico, Department of Psychiatry, University of Napoli SUN

Giammusso Arcangelo, Psychiatrist, National Health Service (NHS) trust N.2 Caltanissetta

Giordani Paesani Natascia, Course of Specialization in Psychiatry, University of L'Aquila

Giorgi Maria Grazia, Psychologist, Mental Health Department Ascoli Piceno

**Giusto Debora,** Health Professional Educator, Cooperative Anteo, Mental Health Department, National Health Service (NHS) trust Alessandria, Secretary SIRP - Section Piemonte & Valle d'Aosta

Gret Del Vecchio Heide, Department of Psychiatry, University of Napoli SUN

Guerrini Gualtiero, Psychiatrist, Mental Health Center, Mental Health Department, National Health Service (NHS) trust 5 La Spezia

Guglielmi Gabriele, documentary film maker

lacopini Patrizia, Psychiatrist, Mental Health Department Fermo

Johnson Ingela, Degree Course in Occupational Therapist, National Board of Conference of Medical Professional University Degree Courses, University of Milano, Fondation Don Gnocchi, Milano

La Barbera Daniele, Member of the Scientific National Board SIRP and Regional Secretary Sicilia SIRP, Full Professor of Psychiatry, Director School of Specialization in Psychiatry and University Psychiatric Department Hospital "P. Giaccone" Palermo, President of the Degree Course in Technique of Psychiatric Rehabilitation, University of Palermo

La Guardia Giuseppe, Psychologist, Cooperative AELLE II Punto, Roma

Lamonaca Dario, Regional Secretary Triveneto SIRP, Psychiatrist, Mental Health Center and Day-Center "Il Tulipano", National Health Service (NHS) trust 21 Legnago, VR

Lapenna Maria Rosaria, Mental Health Department, National Health Service (NHS) trust Lecce

Legge Maria Pia, Director Mental Health Department, Avezzano-Sulmona

Lepore Giuseppe, Psychiatric Rehabilitation Technician, Bari

Lombardi Assunta Psychologist, Mental Health Department Ancona

Lora Antonio, President Italian Society of Social Epidemiology, Milano

**Lorettu Liliana**, President Italian Society of Forensic Psychiatry, Associate Professor of Psychiatry, President del Degree Course in Technique of Psychiatric Rehabilitation, University of Sassari

Luciano Mario, Psychiatrist, Department of Psychiatry, University of Napoli SUN

Maggio Roberto, Full Professor of Pharmacology, University of L'Aquila

Magnani Nadia, Psychiatrist, Mental Health Department, National Health Service (NHS) trust 9, Grosseto

Malavolta Maurizio, Course of Specialization in Psychiatry, University of L'Aquila

Malinconico Angelo, Director Mental Health Center, Mental Health Department Termoli

Mancini Lorena, Psychologist Mental Health Department Ascoli Piceno

Mannu Josè, Coordinator Coordinator Regional Divisions SIRP, Regional Secretary SIRP Lazio, Therapeutic Community Urbania, Roma

Marchi Enrico, Psychiatrist, Responsible Functional Mental Health Unit Lucca

Mari Massimo, Director Mental Health Department, National Health Service (NHS) trust Jesi

Mariani Giorgio, Director Mental Health Department, National Health Service (NHS) trust Ascoli Piceno

Marinelli Maria Rosaria, Mental Health Department, National Health Service (NHS) trust Barletta–Andria-Trani

Marra Maria Luisa, Mental Health Department, National Health Service (NHS) trust Lecce

Martini Andrea, Director Mental Health Department, National Health Service (NHS) trust Fermo

Martino Carla, Psychiatrist, Torino, Italian Society of Psychiatry – Women Section

Mastrillo Angelo, Secretary National Board Conference of Medical Professional University Degree Courses, Department of Neurological Science, University of Bologna

Mattei Lorena, Coordinator Project "Ambiente Terra, Ambiente Bambino" (Environment-Earth, Environment-Child), University of L'Aquila

Mazza Monica, Researcher in Psychometrics, School of Psychology, University of L'Aquila

Medda Stefania, Psychiatrist, Cagliari

Meneghelli Anna, Psychologist and Psychotherapist, President Italian Association for Behavioral Analysis and Modification, Clinical and Scientific Coordinator Program 2000, Milano

Merlin Silvia, professional educator, Mental Health Center-Day- Center "Il Tulipano", National Health Service (NHS) trust 21 Legnago, VR

**Mizuno Masafumi,** Professor and Chair, Department of Neuropsychiatry, Toho University School of Medicine - Director, "Il Bosco", Toho University Hospital Mental Health Center

Mombello Antonella, Member of the Scientific National Board SIRP, Social Worker, Coordinator Rehabilitation Activities, Mental Health Department National Health Service (NHS) trust Alessandria

Monachesi Sabina, Psychologist, Ancona

Morosi Piera, Psychiatric Rehabilitation Technician, Milano

Moschetta Saverio, Director Mental Health Department Teramo

**Mueser Kim T.,** PhD, Professor of Psychiatry and of Community and Family Medicine, Dartmouth Medical School Departments of Psychiatry and Community and Family Medicine, Hanover, New Hampshire, USA

Nese Giuseppe, Mental Health Department, National Health Service (NHS) trust Caserta

Nicotera Mario, Regional Secretary SIRP Calabria

Nigro Pietro, Regional Secretary SIRP Puglia, Mental Health Department, National Health Service (NHS) trust Bari

Nivoli Giancarlo, Full Professor of Psychiatry, Director School of Specialization, University of Sassari

Ortenzi Roberta, Psychiatric Rehabilitation Technician, Bursar University of L'Aquila

Palla Paola, Health Professional Educator, Mental Health Department, National Health Service (NHS) trust 5 Pontedera (Pisa)

Palumbo Walter, general practitioner, Abruzzo Regional Secretary of the Italian Federation of General Practitioner (FIMMG)

Papi Maura, Member of the Scientific National Board SIRP, Psychologist, Cooperative AELLE II Punto, Roma

Pariante Ferdinando, Honorary Member of the Scientific National Board SIRP

Parisse Giustino, professional journalist "Il Centro", L'Aquila

Parma Andrea, Psychologist, Psychotherapist, Regional Secretary SIRP Emilia-Romagna

Patelli Giovanni, Psychologist, Psychoterapist, Program 2000, Milano

Pelliccetti Laura, Psychologist, Mental Health Department Fermo

Peloso Paolo F., Delegate of the Italian Society of Psychiatry for SIRP, Mental Health Department, National Health Service (NHS) trust 3 Genova

Pezzenati Laura, Psychiatric Rehabilitation Technician, National Health Service (NHS) trust Niguarda Cà Granda, Milano

Piegari Giuseppe, Department of Psychiatry, University of Napoli SUN

Pietrasanta Massimo, Director Mental Health Department, National Health Service (NHS) trust Alessandria, Member of the Regional Board SIRP Piemonte & Valle d'Aosta

**Pingani Luca**, Practical Activities Coordinator Degree Course in Technique of Psychiatric Rehabilitation, Psychiatric Rehabilitation Technician, University of Modena

Pinto Gaetano, Mental Health Department, National Health Service (NHS) trust Salerno

Pioli Rosaria, Psychiatrist, Responsible Psychiatry Rehabilitation Unit, Fatebenefratelli Hospitalization and Care Scientific Institute, Brescia

Pisseri Pasquale, Member of the Scientific National Board SIRP

Polimanti Stefano, Psychiatrist Mental Health Department, National Health Service (NHS) trust Fermo

Polimo Alessandra, Psychiatric Rehabilitation Technician, Mental Health Center 9, National Health Service (NHS) trust 3 Genova

**Pollice Rocco**, Researcher in Psychiatry, Responsible SMILE, Service for Early identification and intervention in Psychiatry, National Health Service (NHS) Trust 1 Avezzano-Sulmona-L'Aquila, University of L'Aquila

Pontalti Igor, Psychiatrist, National Health Service (NHS) trust, Ascoli Piceno

**Pontarelli Irene**, Psychiatric Rehabilitation Technician, final-year university student in Science of Health Rehabilitation Professions, University of L'Aquila

Priebe Stefan, Unit for Social & Community Psychiatry, Queen Mary University of London, London, United Kingdom

Quattrocchi Enza, Director Mental Health Department, National Health Service (NHS) trust 11 Empoli (FI)

**Rigatelli Marco,** Member of the Scientific National Board SIRP, Full Professor of Psychiatry, Director School of Specialization in Psychiatry, President del Degree Course in Technique of Psychiatric Rehabilitation, University Modena & Reggio Emilia

**Rocca Gabriele,** Director Psychiatric Unit "Corberi", Mental Health Department Garbagnate Milanese, National Health Service (NHS) trust Monza & Brianza

Romano Giuseppe, Psychiatrist, Responsible Therapeutic Community 2, ASP Palermo

**Roncone Rita,** National President SIRP, National Board of Conference of Medical Professional University Degree Courses, Associate Professor of Psychiatry, President of the Degree Course in Technique of Psychiatric Rehabilitation, University of L'Aquila

Rossi Alessandro, Full Professor di Psychiatry, University of L'Aquila

Rossi Corrado, Regional Secretary SIRP Toscana, Director Mental Health Department, National Health Service (NHS) trust 5 Pisa

Rossin Monia, Psychologist, Ancona

Ruggeri Mirella, Full Professor of Psychiatry, Department of Psychiatry and Clinical Psychology, University of Verona

Sabatelli Riccardo, Member of the Scientific National Board SIRP, Responsible Mental Health Center Rimini

Saccotelli Giuseppe, Past-President SIRP, Director Mental Health Department, National Health Service (NHS) trust Barletta–Andria-Trani

Sadun Daniele, Member of the Scientific National Board SIRP, Director Mental Health Department, National Health Service (NHS) trust Roma F

**Salcioglu Ebru**, PhD, Associate Professor of Clinical Psychology, Istanbul Centre for Behaviour Research and Therapy, Istanbul, Turkey - Institute of Psychiatry, King's College London

Santini Ilaria, Course of Specialization in Psychiatry, University of L'Aquila

Saponaro Alessandro, Mental Health Department, National Health Service (NHS) trust Brindisi

Sauro Maurizio, Psychiatric Rehabilitation Technician, University Degree in Science of Health Rehabilitation Professions, Mental Health Department, National Health Service (NHS) trust 8 Arezzo

Scarpa Franco, Member of the Scientific National Board SIRP, Director Judicial Psychiatric Hospital Montelupo Fiorentino, Director Mental Health Department, National Health Service (NHS) trust 11 Empoli (Firenze)

Scipioni Alessia, Psychologist, Mental Health Department Fermo

Sconci Vittorio, Director Mental Health Department L'Aquila

**Sechi Enzo**, Associate Professor of Child Neuropsychiatry, Director School of Specialization in Child Neuropsychiatry, President Degree Course in Child Therapy for Neuro and Psychomotility, University of L'Aquila

Seminara Giuseppe, Psychiatrist, Health Director Therapeutic Community for chronic psychiatric patients "Helios", Gravina di Catania

Semisa Domenico, Mental Health Department, National Health Service (NHS) trust Bari

Squillacioti Maria Rosa, Psychiatrist, Mental Health Department, National Health Service (NHS) trust Ascoli Piceno

Starace Fabrizio, Center for Liaison Psychiatry, National Health Service (NHS) trust Cotugno Napoli

Stratta Paolo, Psychiatrist, Mental Health Department L'Aquila

Suma Domenico, Mental Health Department, National Health Service (NHS) trust Brindisi

Svettini Alessandro, Center for Early Psychiatric Rehabilitation and Recovery "Gelmini" - Psychiatric Department Bolzano

Taiani Monica, Mental Health Department, National Health Service (NHS) trust Salerno

Tartaglione Sergio, Regional Secretary SIRP Molise, Director Mental Health Department, Isernia

**Tibaldi Giuseppe,** Psychiatrist, Study and Research Center in Psychiatry, member of the Scientific Board of the Italian Society of Psychiatric Epidemiology, Torino

Tria Giovanni, Psychologist Mental Health Unit n.12, Mental Health Department, National Health Service (NHS) trust 3, Genova

Trincas Gisella, President UNASAM onlus, National Union of Mental Health Association

Trotta Sabatino, Psychiatrist, Responsible Psychiatric Day-Hospital, Mental Health Department Pescara

Turrini Giuliano, Psychiatrist, Health Director "Casa di Cura Villa Maria Luigia spa", Monticelli Terme (Parma)

**Ussorio Donatella**, Auditor SIRP, National Board Conference of Medical Professional University Degree Courses, Practical Activities Coordinator Degree Course in Technique of Psychiatric Rehabilitation, Psychiatric Rehabilitation Technician, University Degree in Science of Health Rehabilitation Professions, University of L'Aquila

**Valente Donatella**, Secretary National Board Conference of Medical Professional University Degree Courses, Associate Professor Nursing Sciences and Neuropsychiatric and Rehabilitation Sciences, University "La Sapienza" Roma

Valentini Cinzia, Psychiatrist, Mental Health Center, Mental Health Department, National Health Service (NHS) trust 5 La Spezia

Valentini Lucia, Mental Health Department, National Health Service (NHS) trust 3 Genova

Valeriani Francesco, President of the Italian Society for Training in Psychiatry

**Valli Sonia**, Psychiatric Rehabilitation Technician, Mental Health Department, National Health Service (NHS) trust 3 Genova - Project "Support to Living" Region Liguria

Veltro Franco, Head General Hospital Psychiatric Unit, Campobasso

Verni Laura, Course of specialization in Psychiatry, University of L'Aquila

Verzolatto Nilla, Psychologist, Mental Health Department, National Health Service (NHS) trust 10 Veneto Orientale

Vinci Vera, Department of Psychiatry, University of Napoli SUN

Visani Enrico, Psychiatrist, Responsible Mental Health Center Roma A

Vita Antonio, Vice-President SIRP, Associate Professor of Psychiatry, University Brescia, Director Psychiatric Unit n. 20 Gardone Valtrompia, National Health Service (NHS) trust, Brescia

Zirulia Valeria, Psychiatrist, Clinical Director Therapeutic Community Tuga 1, Genova

Zucchi Giovanni, Center for Eating Disorders "Casa di Cura Villa Maria Luigia spa", Monticelli Terme (Parma)